



**Race Results: Red Rock Scramble 5K & 5M run/walk**  
 Sunday, October 03, 2010

Results provided by  
 Print results

Red Rock Scramble  
 5K & 5 Mile Run/Walk  
 OVERALL RESULTS -- 5K

Place	Div/Tot	Bib #	Name	Age	Sex	Guntime	Time	Pace
1	1/2	2025	George Esahak-	52	M	21:23	21:23	6:54
2	1/17	2073	Sarah Krakoff	45	F	21:40	21:40	7:00
3	1/12	2027	Min Wang 33	F	22:09	22:09	7:09	
4	2/17	2026	Jane Esahak-Gag	48	F	22:32	22:32	7:17
5	1/8	2016	Rob Martinez	37	M	22:45	22:45	7:21
6	2/2	2070	Myron McCallum	51	M	22:57	22:57	7:25
7	1/1	2001	Craig Ewing	57	M	24:11:00	24:11:00	7:48
8	1/3	2078	Amber Reed	11	F	24:35:00	24:35:00	7:56
9	1/6	2033	Richard Bevan	47	M	24:39:00	24:39:00	7:57
10	1/9	2254	Megan Bolinder	29	F	24:55:00	24:55:00	8:03
11	1/3	2038	Evan Swinehart	25	M	25:10:00	25:10:00	8:07
12	1/3	2072	Rich Martinez	63	M	25:16:00	25:16:00	8:09
13	3/18	2069	Karen Selden	47	F	25:31:00	25:31:00	8:13
14	2/3	2079	Samantha Koski	13	F	26:01:00	26:01:00	8:24
15	2/12	2046	Melissa Schwart	32	F	26:14:00	26:14:00	8:28
16	2/8	2028	Remo Nieto	34	M	26:50:00	26:50:00	8:40
17	4/18	2081	Susan Bawn	44	F	26:54:00	26:54:00	8:41
18	2/9	2024	Lindsay Vannost	22	F	27:15:00	27:15:00	8:48
19	2/6	2031	Aaron Frison	43	M	27:26:00	27:26:00	8:51
20	5/18	2010	Debra Deininger	42	F	27:46:00	27:46:00	8:58
21	2/3	2022	Scott Vannostra	29	M	28:11:00	28:11:00	9:06
22	3/8	2056	Omar Porter	38	M	28:14:00	28:14:00	9:07
23	1/2	2064	Carolyn Hicks	53	F	28:21:00	28:21:00	9:09
24	1/2	2050	Jon Sonstroem	73	M	28:24:00	28:24:00	9:10
25	3/6	2076	Wayne Rush	46	M	28:47:00	28:47:00	9:17
26	4/8	2077	Lightning McZug	34	M	29:08:00	29:08:00	9:24
27	5/8	2080	Christian Lenz	36	M	29:23:00	29:23:00	9:29
28	3/9	2067	Cassandra Allis	27	F	29:25:00	29:25:00	9:30
29	6/18	2082	Nettie Sander	41	F	29:35:00	29:35:00	9:33
30	7/18	2060	Jessica Grazian	41	F	29:59:00	29:59:00	9:41
31	2/2	2052	Jim Peterson	71	M	30:47:00	30:47:00	9:56
32	2/3	2051	George Schaffer	61	M	30:55:00	30:55:00	9:59
33	4/9	2039	Alyssa Kamin	24	F	30:58:00	30:58:00	10:00
34	3/12	2040	Ellie Storch	30	F	31:05:00	31:05:00	10:02
35	3/3	2049	Floyd Denton	62	M	31:37:00	31:37:00	10:12
36	8/18	2002	Jenelle Green	47	F	32:31:00	32:31:00	10:30
37	4/12	2004	Elizabeth Lee	33	F	32:58:00	32:58:00	10:38
38	5/9	2019	Kate Holsclaw	29	F	33:06:00	33:06:00	10:41
39	5/12	2071	Lori Demshar	38	F	33:32:00	33:32:00	10:49
40	9/18	2053	Donna Warner	49	F	33:52:00	33:52:00	10:56
41	6/12	2260	Erica Harlow	30	F	34:05:00	34:05:00	11:00
42	6/9	2074	Erin Thomas	22	F	34:43:00	34:43:00	11:12
43	3/3	2075	Zach Hittle	23	M	34:43:00	34:43:00	11:12
44	2/2	2032	Ginger Whetzel	50	F	34:50:00	34:50:00	11:14
45	4/6	2055	Todd Koechlein	46	M	35:00:00	35:00:00	11:18
46	10/18	2059	Annie Zrubek	41	F	35:00:00	35:00:00	11:18
47	7/9	2066	Christi Jele	28	F	35:25:00	35:25:00	11:26
48	7/12	2057	Lisa Yellow Eag	34	F	35:39:00	35:39:00	11:30
49	5/6	2003	Eric Eggert	40	M	35:47:00	35:47:00	11:33
50	1/1	2043	John Obrien	65	M	36:25:00	36:25:00	11:45
51	11/18	2041	Kea Giles	48	F	37:04:00	37:04:00	11:58
52	6/8	2058	James Bruton	39	M	37:33:00	37:33:00	12:07
53	1/1	2065	Mary Cunio	60	F	37:38:00	37:38:00	12:09
54	6/6	2018	Enrique Maldona	42	M	38:37:00	38:37:00	12:28
55	3/3	2017	Maya Maldonado	7	F	38:38:00	38:38:00	12:28
56	1/2	2021	Jean Vannostran	57	F	38:39:00	38:39:00	12:28
57	8/12	2034	Jennifer McCoy	34	F	38:42:00	38:42:00	12:29
58	7/8	2048	Nadia Moore	37	M	39:05:00	39:05:00	12:37
59	12/18	2062	Erin Carlyle	40	F	40:12:00	40:12:00	12:58
60	1/3	2008	Aiyana Irwin	15	F	40:26:00	40:26:00	13:03
61	8/9	2015	Amanda Martinez	25	F	41:28:00	41:28:00	13:23
62	9/12	2086	Heather White	36	F	41:59:00	41:59:00	13:30
63	1/1	2042	Harold Kahler	77	M	42:47:00	42:47:00	13:48
64	8/8	2007	Jason Leszcynsk	31	M	44:57:00	44:57:00	14:30
65	2/2	2006	Kathy Leszcynsk	56	F	44:58:00	44:58:00	14:31
66	13/18/	2037	Jennifer Bales	46	F	53:30:00	53:30:00	17:16
67	14/18	2045	Mj Calvert	40	F	53:31:00	53:31:00	17:16

68	15/18	2009	Daureen Sinner	49	F	53:58:00	53:58:00	17:25		
69	9/12	2068	Heather McGarry	35	F	53:58:00	53:58:00	17:25		
70	16/18	2029	Doreen Martinez	45	F	56:56:00	56:56:00	18:22		
71	17/18	2030	Jill Tompkins	47	F	56:56:00	56:56:00	18:22		
72	10/12	2012	Danika Medak-Sa	33	F	59:45:00	59:45:00	19:17		
73	9/9	2011	Shannon Mason	25	F	59:46:00	59:46:00	19:17		
74	2/3	2036	Siobhan Bales-H	17	F	1:00:38		1:00:38		19:34
75	3/3	2083	Nikki Rasmussen	17	F	1:00:39		1:00:39		19:34
76	18/18	2084	Jo Greenberg	41	F	1:13:53		1:13:53		23:50
77	12/12	2085	Helen Sinms	35	F	1:13:54		1:13:54		23:51

[Advertise With Us](#) | [Contact Us](#) | [Email Opt Out](#) | [Privacy Policy](#)  
[Website Features](#) | [Photographers](#)

Copyright 2010 (C) RunningGuru.com All Rights Reserve



**Race Results: Red Rock Scramble 5K & 5M run/walk**  
 Sunday, October 03, 2010

Results provided by  
 Print results

Red Rock Scramble 5K & 5M Run/Walk  
 5K AWARDS

```

=====
MALE OVERALL - TOP 1
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2025 George Esahak-Gage             52  M Phoenix                               21:23   6:54
=====
FEMALE OVERALL - TOP 1
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2073 Sarah Krakoff                  45  F Boulder                               21:40   7:00
=====
MALE AGE GROUP 1 - 14 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
FEMALE AGE GROUP 1 - 14 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2078 Amber Reed                     11  F Lenexa                                24:35   7:55
2 2079 Samantha Koski                 13  F Longmont                               26:01   8:23
=====
MALE AGE GROUP 15 - 19 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
FEMALE AGE GROUP 15 - 19 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2008 Aiyana Irwin                   15  F Longmont                               40:26  13:01
2 2036 Siobhan Bales-Heisterka        17  F Lafayette                               1:00:38 19:31
=====
MALE AGE GROUP 20 - 29 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2038 Evan Swinehart                 25  M Boulder                               25:10   8:06
2 2022 Scott Vannostrand              29  M Boulder                               28:11   9:05
=====
FEMALE AGE GROUP 20 - 29 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
MALE AGE GROUP 30 - 39 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2016 Rob Martinez                   37  M Loveland                               22:45   7:20
2 2028 Remo Nieto                     34  M Broomfield                             26:50   8:39
=====
FEMALE AGE GROUP 30 - 39 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2027 Min Wang                       33  F Denver                                 22:09   7:08
2 2046 Melissa Schwartz               32  F Longmont                               26:14   8:27
=====
MALE AGE GROUP 40 - 49 (Top 2)
=====
Place No.   Name                               Age Sex City                               St Time   Pace
=====
1 2033 Richard Bevan                  47  M Boulder                               24:39   7:56
2 2031 Aaron Frison                   43  M Longmont                               27:26   8:50
=====
    
```

## FEMALE AGE GROUP 40 - 49 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2026 Jane Esahak-Gage	48	F	Phoenix	22:32	7:16
2	2069 Karen Selden	47	F	Lyons	25:31	8:13

## MALE AGE GROUP 50 - 54 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2070 Myron McCallum	51	M	Lafayette	22:57	7:24

## FEMALE AGE GROUP 50 - 54 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2064 Carolyn Hicks	53	F	Black Hawk	28:21	9:08
2	2032 Ginger Whetzel	50	F	Longmont	34:50	11:13

## MALE AGE GROUP 55 - 59 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2001 Craig Ewing	57	M	Denver	24:11	7:47

## FEMALE AGE GROUP 55 - 59 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2021 Jean Vannostrand	57	F	Boulder	38:39	12:27
2	2006 Kathy Leszczynski	56	F	Lafayette	44:58	14:29

## MALE AGE GROUP 60 - 64 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2072 Rich Martinez	63	M	Morrison	25:16	8:08
2	2051 George Schaffer	61	M	Denver	30:55	9:57

## FEMALE AGE GROUP 60 - 64 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2065 Mary Cunio	60	F	Montrose	37:38	12:07

## MALE AGE GROUP 65 - 69 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2043 John Obrien	65	M	Lyons	36:25	11:44

## FEMALE AGE GROUP 65 - 69 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
-----------	------	-----	-----	------	---------	------

## MALE AGE GROUP 70 - 74 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2050 Jon Sonstroem	73	M	Estes Park	28:24	9:09
2	2052 Jim Peterson	71	M	Longmont	30:47	9:55

## FEMALE AGE GROUP 70 - 74 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
-----------	------	-----	-----	------	---------	------

## MALE AGE GROUP 75 - 79 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
1	2042 Harold Kahler	77	M	Ft. Collins	42:47	13:47

## FEMALE AGE GROUP 75 - 79 (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
-----------	------	-----	-----	------	---------	------

## MALE AGE GROUP 80 - UP (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
-----------	------	-----	-----	------	---------	------

## FEMALE AGE GROUP 80 - UP (Top 2)

Place No.	Name	Age	Sex	City	St Time	Pace
-----------	------	-----	-----	------	---------	------